

First Stage of Labor Checklist

Health facility name:..... Supervisor name:

Date: / / Supervisee name:.....

MD 4	The following items represent standard practices for the care of women during the first stage of delivery according to protocols/ guidelines	Observation
1	Vital signs are checked and recorded every 2 hours	<input type="checkbox"/> Y <input type="checkbox"/> N
2	Woman's pain is managed initially and preferably by non pharmacological means	<input type="checkbox"/> Y <input type="checkbox"/> N
3	Woman is kept clean and dry	<input type="checkbox"/> Y <input type="checkbox"/> N
4	Obstetrical (abdomen and vaginal) exam is conducted periodically – properly not less than 4 hours apart in the latent phase and 2 hours apart in the active phase or as needed	<input type="checkbox"/> Y <input type="checkbox"/> N
5	Psychological support is continuously provided	<input type="checkbox"/> Y <input type="checkbox"/> N
6	Woman is encouraged and assisted to walk and change position constantly	<input type="checkbox"/> Y <input type="checkbox"/> N
7	Woman asked not to push and taught how to breathe and relax	<input type="checkbox"/> Y <input type="checkbox"/> N
8	Fetal heart is checked intermittently every 15 minutes for at least 5 minutes	<input type="checkbox"/> Y <input type="checkbox"/> N
9	Woman is offered light meals or fluids (a cup of fluids hourly)	<input type="checkbox"/> Y <input type="checkbox"/> N
10	Woman is encouraged to empty the bladder regularly (every 2 hours)	<input type="checkbox"/> Y <input type="checkbox"/> N
11	Assessment findings are documented and entered to the partograph completely, properly and accurately and signed	<input type="checkbox"/> Y <input type="checkbox"/> N
12	Throughout assessment, audio and visual privacy is provided and prior to each exam/procedure woman is explained why and how it is performed and she is asked for permission	<input type="checkbox"/> Y <input type="checkbox"/> N
13	Woman and her accompanists are fully informed and reassured about the progress of labor	<input type="checkbox"/> Y <input type="checkbox"/> N
14	Second and third stages of labor are explained to the woman and techniques for efficient and effective breathing and pushing are explained and possibly demonstrated	<input type="checkbox"/> Y <input type="checkbox"/> N

*** Please document the key observations on practices in the supervisory report form with in depth analysis whenever needed and suggestions for solutions and next steps**