Growth Monitoring and Nutrition Checklist

Health facility name:……Supervisor name: ……..

Date: / / **Supervisee name:……**

CG 12	The following items represent standard practices for growth monitoring according to protocols/ guidelines	Observation
1	Recording age: The child's age - in months - is correctly calculated and recorded in the correct place.	☐ Y ☐ N ☐ NA
2	Taking weight: The weight of the child is correctly measured and recorded; to the nearest 100 grams (The scale is calibrated. Room conditions are appropriate for the procedure. Outer clothing is removed).	☐ Y ☐ N ☐ NA
3	Recording length: The child's length is correctly measured and recorded to the nearest 1cm. The child is lying flat in the center of the board and the foot piece is placed firmly against the child's heels.	☐ Y ☐ N ☐ NA
4	Charting growth: Weight and/or height measurements are plotted on the growth monitoring chart. A line is drawn that connects the current weight and height with the most recent plots.	☐ Y ☐ N ☐ NA
5	Assessment of malnutrition: The health provider visually screens the child for malnutrition and assesses the anthropometric readings on the growth monitoring charts.	☐ Y ☐ N ☐ NA
6	Assessment of anemia: signs of anemia are checked (pallor) and laboratory tests are requested when needed. Hemoglobin is routinely performed at 9-12 months and/or according to the protocol	☐ Y ☐ N ☐ NA
7	Supplementation provided: The health provider provided the caregiver with the needed supplementations (iron, vitamin A&D)	☐ Y ☐ N ☐ NA
8	Informing the care giver: The health provider explains procedures and feeds back to the care giver how the child is growing. The feedback contains information about growth status, and about how to improve the child's nutrition status. The caregiver receives relevant educational materials.	☐ Y ☐ N ☐ NA
9	Nutrition counseling: The health provider responds to the caregiver questions and provides information about the proper feeding practices (exclusive and complementary feeding) and the importance of compliance with supplementation (Iron and Vitamin A&D) .	☐ Y ☐ N ☐ NA
10	Organizing follow-up: The health provider tells the caregiver when to come for the next visit. The appointment is recorded on the card.	☐ Y ☐ N ☐ NA

*** Please document the key observations on practices in the supervisory report form with in depth analysis whenever needed and suggestions for solutions and next steps**

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